

ID# \_\_\_\_\_

## New England Food Allergy Treatment Center Medical History Form

Patient Name: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B: \_\_\_\_/\_\_\_\_/\_\_\_\_

Do you see an allergist? Circle: <b>YES</b> or <b>NO</b>	Primary Care Doctor:
Name/Address: _____ _____	Name/Address: _____ _____
Most recent visit: _____	_____

**Allergy History:** Please list foods you are allergic to:

\_\_\_\_\_

Have you/your child ever had an allergic reaction? Circle: YES or NO

If yes, to what food/foods? \_\_\_\_\_

Please describe reaction/reactions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date of reaction/reactions: \_\_\_\_\_

Treatment given: \_\_\_\_\_

How much allergen was eaten? \_\_\_\_\_

Skin tested to allergen? Circle: **YES** or **NO** Date: \_\_\_\_\_ Result: \_\_\_\_\_

Date of most recent blood test: \_\_\_\_\_

Result/if known: \_\_\_\_\_ (if not, please contact your doctor)

Oral Challenge? Circle: **YES** or **NO** Result: \_\_\_\_\_

Allergic History: (Symptoms, triggers, current treatment, date of onset/diagnosis)

All Food Allergies/to what \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Asthma: \_\_\_\_\_

Allergic Rhinitis: \_\_\_\_\_

Atopic Dermatitis (Eczema): \_\_\_\_\_

Drug/Insect Allergy: \_\_\_\_\_

Please circle which medication used: **EpiPen** / **EpiPen Jr.** / **Auvi-Q** / **Auvi-Q Jr.**

Date expires: \_\_\_\_\_ (If expired, please ask for a prescription)

Significant Medical History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Family History of allergy (Immediate family members): \_\_\_\_\_  
\_\_\_\_\_

All Current Medications:

Medication	Dose	Indication

If asthma history, please describe (onset/treatment/duration): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are symptoms greater than twice a week or continuous? Circle: **YES** or **NO**

If yes, please describe frequency: \_\_\_\_\_  
\_\_\_\_\_

Circle Symptoms: Coughing / Chest Tightness / Wheezing / Shortness of Breath

If available, Peak Flow: \_\_\_\_\_ AM(pm)/\_\_\_\_\_ PM(pm)

Personal best PF: \_\_\_\_\_

Nighttime symptoms? Circle: **Always** / **During Exacerbations Only** / **Never**

Exercise symptoms? Circle: **Routine Activities** / **Vigorous Exercise** / **None**

ER visit or hospitalizations in the past 6 months? Please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_